

Action de grâce ~ Thanksgiving

| Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|-------------------|--|---------------------|---------------------------------------|---------------------|------------------------------------|-----------------------------------|
| 2 18h Prénatal | 3 9h Kundalini 11h Postnatal 17h30 Vinyasa 19h15 Yin&Rest | 4 18h Kundalini | 5 Studio fermé | 6 Studio fermé | 7 Studio fermé | 8 Studio fermé |
| 9 18h Prénatal | 10 9h Kundalini 11h Postnatal 17h30 Vinyasa 19h15 Yin&Rest | 11 18h Kundalini | 12 17h30 Vinyasa 19h15 Yin&Rest | 13 10h Kundalini | 14 8h30 Vinyasa 10h Yin&Rest | 15 5h Sadhana 10h Kundalini |